

## Life-Transforming Questions

### “What is that to you? Follow me.”

The sages of all ages have said that our challenge in life is not with having the right answers, but rather in posing the right questions. Not all questions are created equal. Some are pseudo-questions, designed to deflect discomfort or to shift blame when confronted with difficult challenges. Other questions, however, are packed with life-giving and life-transforming energies. These questions are tight packages of treasures that launch us into new levels of awareness. They hold the keys to personal transformation.

The word transformation can easily become a cliché, diluted from frequent misuse. Transformation is not a minor adjustment to a more comfortable place on the same plane of existence. Rather, transformation inaugurates within us a radical change, akin to the process of metamorphosis seen in butterflies, and all creatures which shed their old skin to then acquire the ability to fly—both literally and figuratively.

The Apostle Paul wrote in his letter to the Romans, *And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.* (Romans 12:2) The renewal of mind implied here, through asking the right questions, is similar to a change in an atomic nucleus that can then result in a new isotope. It is a radical rebirth resulting in the death of the old self, and the coming of a new self that may have no resemblance to the old. New abilities, and a new life of joy and creativity are the result.

**Our purpose in this ministry of Unity South is to provide ourselves tools for transformation, leading to happier, more successful and fulfilled lives.**

In recent weeks, our Sunday Lesson Series allowed us to study *Complaint Free Relationships*, a book by Reverend Will Bowen. It showed how opportunities for radical transformation exist if we choose to engage fully in the new paradigm shift—away from using complaining to solve relationship problems.

This fall, I will offer a new lesson series based on asking questions as the base for personal growth and transformation. *Ask Yourself This: Questions to Open the Heart, Expand the Mind, and Awaken the Soul* is a book by Unity Minister and author, Wendy Craig-Purcell.

Jesus gave us insight into the nature of life-transforming questions in an encounter between Him and Apostle Peter, recorded in the Gospel of John. It appeared to Peter that John, a much younger disciple who reclined next to Jesus at the Last Supper, was much favored, and it seems to me that Peter was a bit jealous of this. “When Peter saw him, he said to Jesus, ‘Lord, what about him?’ Jesus replied to him, ‘If it is my will that he remain until I come, **what is that to you? Follow me.**’”

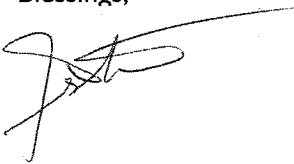
**What is that to you? Follow me.** This has, over many years, become an important transformative question for my own life. Whenever I find myself upset as I process what others are doing or saying about me, I ask myself "What is that to me? Is my reaction leading to my growth or unfoldment? How is being upset contributing to my spiritual growth?" And when I feel worried or concerned about my finances or my future, I ask, "How is my worry about money and my future contributing to a better me, or to my prosperity or well-being?"

**Be warned:  
These programs  
can transform  
your life!**

Properly posed and relevant questions can change the direction of thoughts, emotions, and the predominant orientation of our minds. During our fall lesson series, we will have the opportunity to engage with Rev. Wendy Craig-Purcell in *Ask Yourself This* questions.

Also this fall, join me for a 12-week radical life-changing prosperity program, the 4T Prosperity Program. This is a program that changed my life. I am excited to offer it to you, and it comes with a very special offer—a radical money refund guarantee. See more information about the 4T program on page 5 of the July-August 2010 newsletter.

Blessings,



Rev. Festus