

March/April, 2009

## **The Supremacy of Consciousness And Supreme Consciousness**

As I continue to reflect on the state of the world, especially on our current economic climate, consciousness continues to impress my mind as the most important and efficient life navigation tool. When our minds are much pre-occupied and burdened by fear of tomorrow, we yearn for a sense, a semblance of certainty and stability in our lives. And yet, we know that life by its very nature and definition embodies change. There is a Nigerian street expression or truism, "no condition is permanent." It is meant to apply to the good and to the challenges of life alike. It is often voiced as though it would necessarily comfort anyone caught in difficult circumstances, but often does not. What does ultimately help us is an internal shift in how we engage life.

We have often said, rather glibly, that life is consciousness, but we don't always offer how this is really a tool for life's navigation. To make consciousness a navigation tool, we need to get ourselves to the heart of the matter. Oriental spiritual teachers speak of Supreme Consciousness or the Divine Omnipresence as the only reality. Alignment of thinking, feeling and action with this Supreme Consciousness is a framework or standard from which we navigate through changing human conditions.

Charles Fillmore, cofounder of the Unity movement, said that true thinking is allowing God's mind to flow through our mind and to let God think through us.

This is the source of true, creative original ideas. Anything short of this is nothing but information rearranging. Especially at times of difficulty, we need to get out of the squirrel cage activity of the brain, let go and open to Supreme Consciousness, to show the way out of the maze.

It has been said that when the going gets tough, the tough get going. However, what constitutes toughness has never been clearly defined. There is, perhaps a notion that toughness means having the nerve of steel, or as the British say, a "stiff upper lip."

Recently I awoke with a strong thought that what is needed at this time is an extraordinary Spirit-centered consciousness. Perhaps it should be obvious, but when we are caught in difficult circumstances, it is not usually our first reaction to check our state of consciousness. We tend to try every outward effort before we check-in on our inner state of being.

I awoke with the thought that a heightened awareness or extra-ordinary consciousness is primarily what we need for moving our energy and lives forward.

Great leaders, like Roosevelt or Churchill (regardless of our ideological persuasion) have a way of rising from their own humble and ordinary circumstances to awaken and inspire the people to a sense of their latent power and capacity to overcome, prevail and triumph.

I cannot help but think and feel that our present difficult circumstance is but a mask for the greatness beckoning unto us.

*I hear an invitation to walk through an open door of possibilities. Can you not smell the aura of the economic and social awakening impinging at the door of our lives?*

I am truly excited about what my mind-heart can already see! Are you ready to handle the prosperity that is ready to be unleashed in our nation and world and overflowing into your life?

*Please, Dear One put on the new garment of optimism and let's begin the dance of celebration now. You just might hasten the arrival of the 'bride' (your beloved) with your joy-filled spirit!*

As I write this, we are still in the month of March and leaning into April. In Unity's spiritual tradition, March is the month of Divine Strength and April is the month of Divine Wisdom. Strength, spiritually speaking, is not a "stiff upper lip" process. It is rather an idea of flexibility or implying an extra-ordinary consciousness that gives us the power to work through any condition. From this stance, Divine Wisdom guides everything that concerns us, and we move irresistibly to the next good waiting for us.

Personally, I have a sense of optimism about our world and about our lives. The present difficulties feel to me like a process of the universe re-organizing itself and human affairs at a higher level of expression.

We do not need a "stiff upper lip" approach to our lives but rather a new extra-ordinarily optimistic outlook on life. The best is yet to be.

*So, look around the bend and claim your good and your*

*Peace!*

Rev. Festus