

Saturday, March 24 9:00AM—Noon

Dr. Kelley Brigman presents

A Fresh Look at Relationships

Unity South • 7950 1st Ave S, Bloomington • www.unitysouth.org

Suggested donation: \$20/person or \$35/couple. Childcare available, suggested donation \$5/child

A breath of fresh air and a valuable resource for individuals, couples and families.

A reminder that success in all relationships is determined by our actions.

A comfortable blend of psychology, theology and examples to help us understand successful relationships.

**A successful relationship is more about giving than receiving,
more about compassion than negotiation, & more about forgiveness than fairness.**

This workshop is for anyone who is committed to strong relationships in life.
Singles, parents, couples, siblings—all will benefit from this event.

We each can only control our own actions & reactions. This workshop focuses on practical, easy-to-implement advice and strategies to:

- Develop your family's fullest potential
- Start a relationship on the right foot
- Revitalize a troubled or difficult situation



Respected Author: Dr. Brigman, a licensed marriage and family therapist, retired university professor of family relations, and ordained minister, is the author of two highly-regarded books on families and relationships. His first book, *Marriage: A Simple Guide to Success* is used by the armed forces in their focused efforts to support military couples and help them survive the stress of service.

Spiritual Aspects: In his newest book, *Happy Marriages and Strong Families*, Dr. Brigman combines his sound, common sense approach with the seven core elements of the Christian religion, to show you how your religion can help you make your relationships healthy, happy and strong.

